



2024 NDAHA Player Development High Performance Camp

April 12-14, 2024

BOYS CAMP SCHEDULE

Icon Sports Center, Eagles Arena, & Ralph Engelstad Arena



BOYS 2012-DONE				BOYS 2011-DONE				BOYS 2010-DONE				BOYS 2009-DONE				2008 BOYS			
FRIDAY				FRIDAY				FRIDAY				FRIDAY				FRIDAY			
9:00 AM - 10:00 AM	REA Olympic	2012 Boys A-K	Practice	9:00 AM - 9:45 AM	Blue Line Club Arena	2011 Boys A-K	Off-Ice Stick/Contact	1:45 PM - 2:30 PM	Blue Line Club Arena	2010 Boys A-L	Off-Ice Stick/Contact	11:00 AM - 11:45 AM	Blue Line Club Arena	2009 Boys A-G	Off-Ice Stick/Contact	11:30 AM - 12:30 PM	ICON Judd Rink	2008 Boys A-L	Practice
10:15 AM - 11:15 AM	REA Olympic	L-Z	Practice	10:00 AM - 10:45 AM	Blue Line Club Arena	L-Z	Off-Ice Stick/Contact	2:45 PM - 3:30 PM	Blue Line Club Arena	2010 Boys M-Z	Off-Ice Stick/Contact	11:45 AM - 12:30 PM	Blue Line Club Arena	2009 Boys H-O	Off-Ice Stick/Contact	12:45 PM - 1:45 PM	ICON Judd Rink	2008 Boys M-Z	Practice
3:30 PM - 4:00 PM	Icon Choice Dryland Room	2012 Boys A-K	Dryland Warmup	10:00 AM - 10:45 AM	Eagles Arena	2011 Boys A-K	Small Area Games	3:00 PM - 3:45 PM	Eagles Arena	2010 Boys A-L	Small Area Games	12:00 PM - 12:45 PM	Eagles Arena	2009 Boys A-G	Small Area Games	5:15 PM - 5:45 PM	Icon Choice Dryland Room	2008 Boys A-G	Dryland Warmup
4:15 PM - 5:00 PM	ICON Rydell Rink	2012 Boys A-K	Power Skating	11:00 AM - 11:45 AM	Eagles Arena	L-Z	Small Area Games	4:00 PM - 4:45 PM	Eagles Arena	2010 Boys M-Z	Small Area Games	12:45 PM - 1:30 PM	Blue Line Club Arena	2009 Boys P-Z	Off-Ice Stick/Contact	6:15 PM - 6:45 PM	Icon Choice Dryland Room	2008 Boys H-P	Dryland Warmup
4:30 PM - 5:00 PM	Icon Choice Dryland Room	2012 Boys L-Z	Dryland Warmup	4:45 PM - 5:45 PM	REA Olympic	2011 Boys A-K	Practice	7:15 PM - 8:15 PM	REA Olympic	2010 Boys A-L	Practice	1:00 PM - 1:45 PM	Icon Choice Dryland Room	2009 Boys H-O	Small Area Games	6:15 PM - 7:00 PM	ICON Rydell Rink	2008 Boys A-G	Power Skating
5:15 PM - 6:00 PM	ICON Rydell Rink	2012 Boys L-Z	Power Skating	6:00 PM - 7:00 PM	REA Olympic	2011 Boys L-Z	Practice	8:30 PM - 9:30 PM	REA Olympic	2010 Boys M-Z	Practice	2:00 PM - 2:45 PM	Eagles Arena	2009 Boys P-Z	Small Area Games	7:15 PM - 7:45 PM	Icon Choice Dryland Room	2008 Boys Q-Z	Dryland Warmup
SATURDAY				SATURDAY				SATURDAY				SATURDAY				SATURDAY			
10:00 AM - 10:45 AM	Blue Line Club Arena	2012 Boys A-K	Off-Ice Stick/Contact	11:15 AM - 11:45 AM	Icon Choice Dryland Room	Gold & Red	Yoga	9:15 AM - 9:45 AM	Icon Arena	2010 Boys A-G	Dryland Warmup	7:30 PM - 8:30 PM	ICON Judd Rink	White & Royal Blue	Practice	8:00 AM - 8:45 AM	Blue Line Club Arena	2008 Boys A-L	Off-Ice Stick/Contact
11:00 AM - 11:45 AM	Blue Line Club Arena	2012 Boys L-Z	Off-Ice Stick/Contact	12:15 PM - 12:45 PM	Icon Choice Dryland Room	Green & White (red#)	Yoga	10:00 AM - 10:45 AM	ICON Rydell Rink	2010 Boys A-G	Power Skating	8:45 PM - 9:45 PM	ICON Judd Rink	Red & Gold	Practice	9:00 AM - 9:45 AM	Blue Line Club Arena	2008 Boys M-Z	Off-Ice Stick/Contact
11:00 AM - 11:45 AM	Eagles Arena	2012 Boys A-K	Small Area Games	1:45 PM - 2:15 PM	Icon Choice Dryland Room	Blue & White (black#)	Yoga	10:45 AM - 11:00 AM	Icon Arena	2010 Boys H-Q	Dryland Warmup	SATURDAY				9:00 AM - 9:45 AM	Eagles Arena	2008 Boys A-L	Small Area Games
12:00 PM - 12:45 PM	Eagles Arena	2012 Boys L-Z	Small Area Games	3:15 PM - 3:45 PM	Icon Arena	Gold & Red	Dryland Warmup	11:00 AM - 11:45 AM	ICON Rydell Rink	2010 Boys H-Q	Power Skating	8:45 AM - 9:15 AM	Icon Choice Dryland Room	2009 Boys A-G	Yoga	9:45 AM - 10:45 AM	Eagles Arena	2008 Boys M-Z	Small Area Games
1:15 PM - 1:45 PM	Icon Choice Dryland Room	2012 Boys L-Z	Yoga	4:00 PM - 4:45 PM	ICON Rydell Rink	Gold & Red	Power Skating	11:15 AM - 11:45 AM	Icon Arena	2010 Boys R-Z	Dryland Warmup	9:15 AM - 9:45 AM	Icon Choice Dryland Room	2009 Boys H-O	Yoga	10:00 AM - 10:45 AM	Eagles Arena	2008 Boys M-Z	Small Area Games
2:15 PM - 2:45 PM	Icon Choice Dryland Room	2012 Boys L-Z	Yoga	4:15 PM - 4:45 PM	Icon Arena	Green & White (red#)	Dryland Warmup	12:00 PM - 12:45 PM	ICON Rydell Rink	2010 Boys R-Z	Power Skating	10:15 AM - 10:45 AM	Icon Choice Dryland Room	2009 Boys P-Z	Yoga	3:00 PM - 4:00 PM	Eagles Arena	Red vs. Green	Game
6:00 PM - 7:00 PM	REA Olympic	Black vs. Red	Game	5:00 PM - 5:45 PM	ICON Rydell Rink	Green & White (red#)	Power Skating	5:00 PM - 5:30 PM	ICON Judd Rink	Green vs. Black	Game	12:15 PM - 12:45 PM	Icon Arena	2009 Boys A-G	Dryland Warmup	4:15 PM - 4:45 PM	Eagles Arena	White vs. Blue	Game
7:15 PM - 8:15 PM	REA Olympic	White vs. Green	Game	5:15 PM - 5:45 PM	Icon Arena	Blue & White (black#)	Dryland Warmup	5:30 PM - 6:00 PM	ICON Judd Rink	Gold vs. Black	Game	1:00 PM - 1:45 PM	ICON Rydell Arena	2009 Boys A-G	Power Skating	4:45 PM - 5:15 PM	Eagles Arena	White vs. Black	Game
SUNDAY				6:00 PM - 6:45 PM	ICON Rydell Rink	Blue & White (black#)	Power Skating	6:00 PM - 6:30 PM	ICON Judd Rink	Gold vs. Green	Game	1:15 PM - 1:45 PM	Icon Arena	2009 Boys H-O	Dryland Warmup	5:15 PM - 5:45 PM	Eagles Arena	Blue vs. Black	Game
7:45 AM - 8:45 AM	ICON Rydell Rink	Red vs. White	Game	7:00 PM - 8:00 PM	ICON Rydell Rink	Gold & Red	Game	6:15 PM - 6:45 PM	Icon Choice Dryland Room	Team Black	Yoga	2:00 PM - 2:45 PM	ICON Rydell Arena	2009 Boys H-O	Power Skating	6:00 PM - 6:45 PM	Icon Choice Dryland Room	Red & Green	Yoga
9:00 AM - 10:00 AM	ICON Rydell Rink	Green vs. Black	Game	8:15 PM - 9:15 PM	ICON Rydell Rink	Green & White (red#)	Game	6:45 PM - 7:45 PM	ICON Judd Rink	Red vs. White	Game	2:15 PM - 2:45 PM	Icon Arena	2009 Boys P-Z	Dryland Warmup	5:45 PM - 6:15 PM	Icon Choice Dryland Room	White	Yoga
BOYS 2006/07-DONE				9:30 PM - 10:30 PM	ICON Rydell Rink	Blue & White (black#)	Game	7:15 PM - 7:45 PM	Icon Choice Dryland Room	Gold vs. Green	Yoga	3:00 PM - 3:45 PM	ICON Rydell Arena	2009 Boys P-Z	Power Skating	6:45 PM - 7:15 PM	Icon Choice Dryland Room	Black & Blue	Yoga
FRIDAY				SUNDAY				SUNDAY				SUNDAY				SUNDAY			
11:30 AM - 12:30 PM	REA Olympic	06/07 Boys A-J	Practice	12:45 PM - 1:45 PM	ICON Rydell Rink	Green vs. White (black#)	Game	11:30 AM - 12:00 PM	Eagles Arena	Red vs. White	Game	7:45 PM - 8:45 PM	Eagles Arena	White vs. Green	Game	8:00 AM - 8:30 AM	ICON Judd Rink	Red vs. Black	Game
12:45 PM - 1:45 PM	REA Olympic	06/07 Boys K-Z	Practice	2:00 PM - 3:00 PM	ICON Rydell Rink	Red vs. White (red#)	Game	12:00 PM - 12:30 PM	Eagles Arena	White vs. Green	Game	8:45 PM - 10:00 PM	Eagles Arena	Gold vs. Royal Blue	Game	8:30 AM - 9:00 AM	ICON Judd Rink	Red vs. White	Game
3:30 PM - 4:30 PM	ICON Judd Rink	Red vs. White	Game	3:15 PM - 4:15 PM	ICON Rydell Rink	Blue vs. Gold	Game	12:30 PM - 1:00 PM	Eagles Arena	Red vs. Green	Game	SUNDAY				9:00 AM - 9:30 AM	ICON Judd Rink	Black vs. White	Game
4:45 PM - 5:45 PM	ICON Judd Rink	Blue vs. Gold	Game	BOYS 2006/07 Continued				GOALTENDERS-ALL				11:00 AM - 12:00 PM	ICON Judd Rink	Red vs. White	Game	9:45 AM - 10:45 AM	ICON Judd Rink	Blue vs. Green	Game
SATURDAY				SATURDAY				FRIDAY				ADDITIONAL ITEMS ENCOURAGED FOR CAMP				PLAYER DEVELOPMENT SEMINARS			
7:15 AM - 7:45 AM	Icon Arena	06/07 Boys A-J	Dryland Warmup	4:45 PM - 5:15 PM	Icon Choice Dryland Room	Gold & White	Yoga	9:00 AM - 10:00 AM	ICON Judd Rink	B&G 06/07/2010	Goalie Practice	PERSONAL WATER BOTTLE				SATURDAY-TIMES TO BE DETERMINED			
8:00 AM - 8:45 AM	Icon Rydell Rink	06/07 Boys A-J	Power Skating	SUNDAY				10:15 AM - 11:15 AM	ICON Judd Rink	Boys 2008 & 2009	Goalie Practice	ATHLETIC SHOES/CLOTHING							
8:15 AM - 8:45 AM	Icon Arena	06/07 Boys K-Z	Dryland Warmup	10:15 AM - 11:30 AM	ICON Rydell Rink	Red vs. White vs. Blue	Game	11:15 AM - 12:30 PM	ICON Judd Rink	B&G 11/12 Girls 08/09	Goalie Practice	TOWEL OR YOGA MAT							
9:00 AM - 9:45 AM	Icon Rydell Rink	06/07 Boys K-Z	Power Skating																
1:00 PM - 1:45 PM	Eagles Arena	Blue & Red	Small Area Games																
2:00 PM - 2:45 PM	Eagles Arena	Gold & White	Small Area Games																
3:45 PM - 4:15 PM	Icon Choice Dryland Room	Blue & Red	Yoga																

2024 High Performance Player Check-In Begins at 7:30 AM on Friday April 12th. You are required to check-in prior to your first session.

Check-in is **ONLY DONE** at the **Icon Sports Center**, so if your first session is at the **Eagles Arena** or **Blue Line Club Arena**, you will first need to Check-In.

Goaltenders- Attend the goalie specific session, as well as Dryland, Power Skating, On-Ice Skills, Yoga, Small Area Games, and Games.

Goalies are not required to attend the Off-Ice Contact/Stick Skills Sessions that are held at the Blue Line Club Arena.

Players will wear all gear **MINUS SKATES**, for the session held at the Blue Line Club Arena.

SHOOTERS ARE WELCOME AT YOUR RESPECTIVE AGE GOALIE GROUP ON FRIDAY.

For Additional NDAHA Player Development Programs, visit www.ndaha.org